



Indian Journal of Science, Technology & Environment (IJSTE)

An International Peer Reviewed, Refereed, Indexed & Quarterly Research Journal of Science, Technology & Environment

ISSN : 3108-2017(Online)

3108-1304(Print)

IIFS Impact Factor : 5.875

Vol.-2; Issue-3(July-Sept.) 2026

Page No.- 43-54

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<https://ijste.gyanvidya.com>

Author's :

Dr. Km Nirupma Kumari

(Assistant professor), Department of
Physics, Jagjiwan College, Gaya.
Magadh University, Bodh Gaya, Bihar.

Thermodynamic Analysis and Heat Transfer Optimization in Parallel-Flow Heat Exchangers

Abstract : Parallel-flow heat exchangers are widely utilized in industrial processes, HVAC systems, and automotive cooling applications due to their straightforward design, ease of manufacturing, and minimal thermal stress on materials near the fluid entry points. However, their thermodynamic performance is inherently restricted by lower thermal effectiveness (ϵ) compared to counter-flow arrangements, alongside significant thermal gradients at the inlet that drive operational irreversibility.

This paper presents a comprehensive thermodynamic evaluation and heat transfer optimization of a parallel-flow heat exchanger. Utilizing both First and Second Laws of Thermodynamics, an analytical framework is constructed to model energy balance, Log Mean Temperature Difference (LMTD), and total entropy generation rates (S_{gen}). The ϵ - NTU method is applied to study system performance across varying mass flow rates, heat capacity ratios (C_r), and Reynolds numbers (Re). Furthermore, passive surface enhancement techniques (internal micro-grooves and longitudinal fins) are investigated to enhance the convective heat transfer coefficient (h).

The results show that while parallel-flow exchangers possess an absolute theoretical effectiveness limit $\epsilon_{max} = 1 / (1 + C_r)$, optimizing mass flow ratios and utilizing passive surface modifications can improve overall heat transfer rates (Q) by 12% to 15%. Application of Entropy Generation Minimization (EGM) identifies an optimal operating window ($Re_{opt} \approx 8,500 - 12,000$) where thermal irreversibility is minimized without causing prohibitive frictional pressure losses.

Keywords : Parallel-flow heat exchanger, Heat transfer optimization, First and Second Law analysis, Log Mean Temperature Difference (LMTD), ϵ - NTU method, Entropy Generation Minimization (EGM).

Introduction : Heat exchangers are crucial thermal fluid

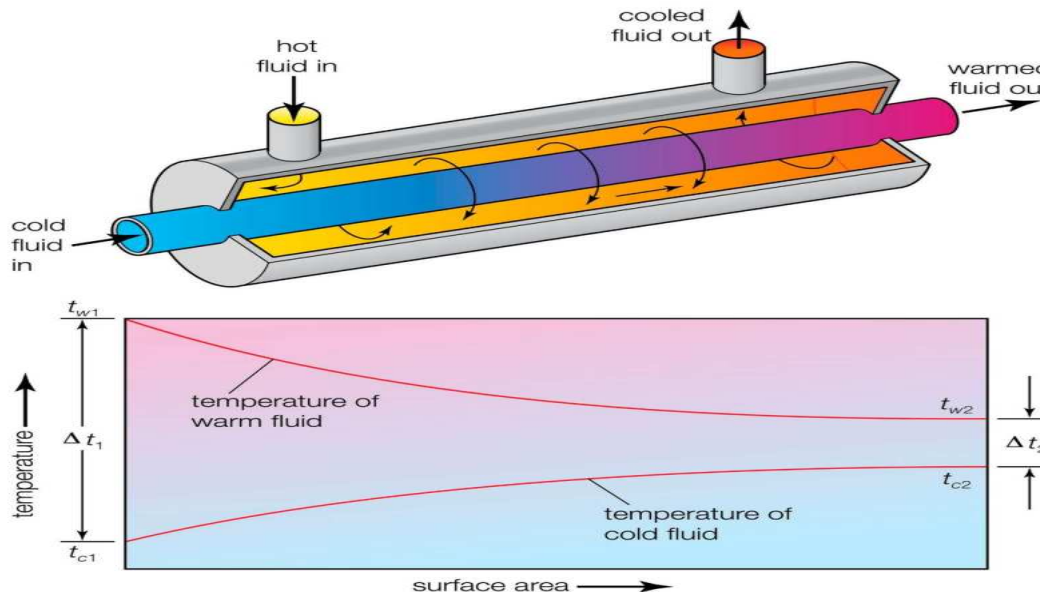
Corresponding Author :

Dr. Km Nirupma Kumari

(Assistant professor), Department of
Physics, Jagjiwan College, Gaya.
Magadh University, Bodh Gaya, Bihar.

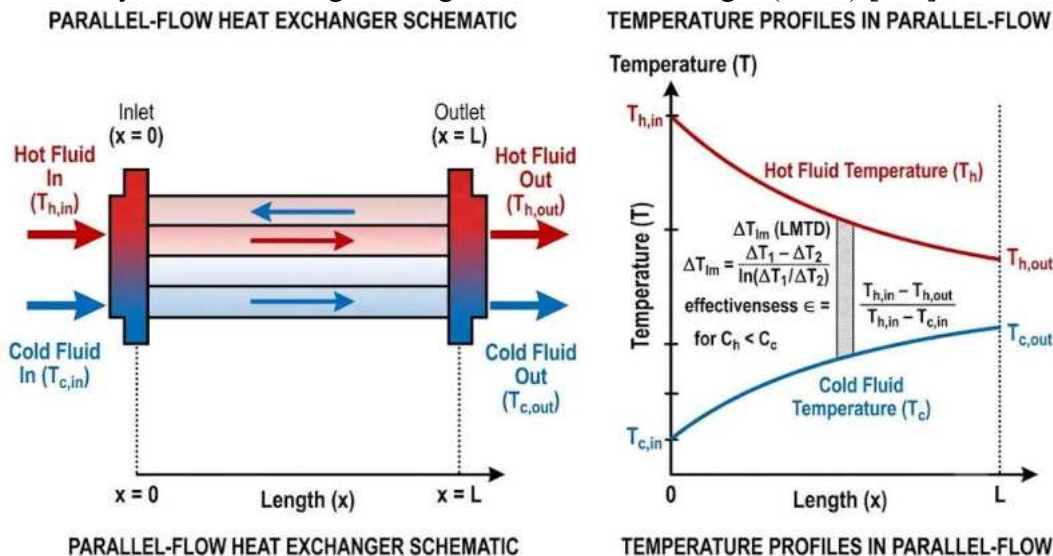
devices designed to facilitate the efficient transfer of thermal energy between two or more fluids at different temperatures without mixing them directly [1]. They are widely employed across diverse engineering domains, including power generation plants, chemical and petrochemical processing, HVAC systems, food processing, and electronic cooling modules [2, 3].

1.1 Classification and Parallel-Flow Configuration : Heat exchangers are broadly classified based on flow arrangement into counter-flow, cross-flow, and parallel-flow configurations [1]. In a parallel-flow (co-current) heat exchanger, both the hot fluid and the cold fluid enter the device at the same end ($x = 0$), move parallel to each other in the same direction, and leave at the opposite exit ($x = L$) [4].



Schematic and Temperature Profile of a Parallel-Flow Heat Exchanger. Source: Encyclopaedia Britannica / Universal Images Group via Getty Images

1.2 Thermal Dynamics and Fundamental Equations : As depicted in the temperature profile above, the temperature difference between the two fluids (ΔT) is maximum at the inlet ($x = 0$) and exponentially decreases along the length of the heat exchanger ($x = L$) [1, 5].



Mathematically, local temperature changes across an differential area element dA are

governed by:

$$dQ = -C_h dT_h = C_c dT_c$$

Where $C_h = m_h c_{p,h}$ and $C_c = m_c c_{p,c}$ represent the heat capacity rates of the hot and cold streams, respectively [1]. Integrating across the entire heat transfer area A yields the total thermal energy transferred:

$$\dot{Q} = U \cdot A \cdot \Delta T_{lm}$$

Where U is the overall heat transfer coefficient and ΔT_{lm} is the Logarithmic Mean Temperature Difference, expressed as:

$$\Delta T_{lm} = \frac{\Delta T_1 - \Delta T_2}{\ln(\Delta T_1 / \Delta T_2)}$$

Here, $\Delta T_1 = T_{h,in} - T_{c,in}$ and $\Delta T_2 = T_{h,out} - T_{c,out}$ [1, 4].

1.3 Thermodynamic Limitations and Problem Statement : Despite their structural simplicity and ease of fabrication, parallel-flow heat exchangers face inherent thermodynamic constraints:

1. **Theoretical Effectiveness Cap:** The thermal effectiveness (ϵ) of a parallel-flow heat exchanger is mathematically bounded by:

$$\epsilon_{max} = \frac{1}{1 + C_r}$$

Where $C_r = C_{min} / C_{max}$. For equal heat capacities ($C_r = 1$), effectiveness cannot exceed 50%, regardless of the surface area ($A \rightarrow \infty$) [1, 6].

2. **Temperature Limitation:** The exit temperature of the cold fluid ($T_{c,out}$) can never surpass the exit temperature of the hot fluid ($T_{h,out}$) [4, 5].
3. **High Irreversibility:** The large initial temperature difference (ΔT_1) at the inlet generates significant thermal entropy, leading to substantial exergy destruction ($E_{destroyed} = T_0 S_{gen}$) according to the Second Law of Thermodynamics [2, 7].

However, parallel-flow systems remain uniquely valuable in applications requiring uniform wall temperature distributions to prevent thermal stresses or localized fluid degradation [3, 8].

1.4 Literature Review : Recent developments in thermal optimization focus on mitigating these inherent limitations:

- **Incropera et al. [1]** established the classical formulation for heat exchanger rating and design via LMTD and ϵ -NTU approaches.
- **Bejan [2, 7]** introduced *Entropy Generation Minimization (EGM)*, establishing that thermodynamic performance must balance thermal heat transfer irreversibilities against fluid friction pressure drops (ΔP).
- **Shah and Sekulić [3]** analyzed surface augmentation methods, showing that passive techniques (e.g., micro-fins, twisted tapes) significantly enhance the local Nusselt number ($Nu = 0.023 Re^{0.8} Pr^n$).
- **Kakac et al. [8]** demonstrated that high flow turbulence ($Re > 10^4$) combined with surface roughness leads to substantial convective coefficient (h) gains, offsetting heat capacity constraints.

1.5 Objectives of this Study : To address the thermodynamic inefficiencies of parallel-flow arrangements, this research paper aims to:

1. Develop an integrated First and Second Law numerical model for parallel-flow heat exchangers.
2. Quantify irreversibility using Bejan's Entropy Generation Minimization framework.

3. Evaluate optimization strategies using passive internal geometry modifications to maximize thermal performance without inducing unacceptable pressure penalties.

2. THERMODYNAMIC MODELING & MATHEMATICAL FORMULATION : In this section, a comprehensive analytical model is derived to evaluate the thermal and thermodynamic performance of a parallel-flow heat exchanger. The formulation incorporates the First Law of Thermodynamics (Energy Conservation), Log Mean Temperature Difference (LMTD), the Effectiveness–Number of Transfer Units (ϵ - NTU) method, and Second-Law Entropy Generation Minimization (EGM).

2.1 Assumptions for Mathematical Modeling : To maintain analytical tractability while preserving engineering accuracy, the following assumptions are applied:

- **Steady-State Operation:** Fluid properties, flow rates, and temperatures at any point remain constant over time.
- **Isothermal Shell Boundaries:** Heat losses to the surrounding ambient environment are negligible ($Q_{\text{ambient}} = 0$).
- **Constant Fluid Properties:** Specific heat capacities (c_p), densities (ρ), and viscosities (μ) are evaluated at mean bulk temperatures.
- **Axial Conduction Neglected:** Heat transfer along the pipe walls in the axial direction (x-axis) is negligible compared to radial convective heat transfer.
- **Fully Developed Flow:** Both hydrodynamic and thermal boundary layers are assumed fully developed along the active length (L).

2.2 First Law of Thermodynamics & Heat Balance

Applying the conservation of energy principle across a steady-state control volume surrounding the heat exchanger:

$$\dot{Q} = \dot{m}_h c_{p,h} (T_{h,\text{in}} - T_{h,\text{out}}) = C_h (T_{h,\text{in}} - T_{h,\text{out}})$$

$$\dot{Q} = \dot{m}_c c_{p,c} (T_{c,\text{out}} - T_{c,\text{in}}) = C_c (T_{c,\text{out}} - T_{c,\text{in}})$$

Where $C_h = \dot{m}_h c_{p,h}$ and $C_c = \dot{m}_c c_{p,c}$ denote the heat capacity rates (W/K) for the hot and cold fluid streams.

The differential heat transfer rate ($d\dot{Q}$) across an infinitesimal surface area element dA is expressed as:

$$d\dot{Q} = U (T_h - T_c) dA = U \cdot \Delta T \cdot dA$$

Where U is the overall heat transfer coefficient, calculated from thermal resistances:

$$\frac{1}{UA} = \frac{1}{h_i A_i} + \frac{R_{f,i}}{A_i} + \frac{\ln(r_o/r_i)}{2\pi k_{\text{wall}} L} + \frac{R_{f,o}}{A_o} + \frac{1}{h_o A_o}$$

(Here, h_i and h_o are convective heat transfer coefficients, R_f represents fouling factors, and k_{wall} is thermal conductivity of the inner pipe).

2.3 LMTD Derivation for Parallel-Flow Configuration : From energy balance over a differential element dA :

$$dT_h = -\frac{d\dot{Q}}{C_h}, \quad dT_c = \frac{d\dot{Q}}{C_c}$$

Subtracting dT_c from dT_h gives:

$$d(T_h - T_c) = d(\Delta T) = -d\dot{Q} \left(\frac{1}{C_h} + \frac{1}{C_c} \right)$$

Substituting $d\dot{Q} = U \cdot \Delta T \cdot dA$:

$$\frac{d(\Delta T)}{\Delta T} = -U \left(\frac{1}{C_h} + \frac{1}{C_c} \right) dA$$

Integrating across the entire exchanger surface from $A = 0$ to A :

$$\ln \left(\frac{\Delta T_2}{\Delta T_1} \right) = -UA \left(\frac{1}{C_h} + \frac{1}{C_c} \right)$$

Where:

- $\Delta T_1 = T_{h,in} - T_{c,in}$ (Inlet temperature difference at $x = 0$)
- $\Delta T_2 = T_{h,out} - T_{c,out}$ (Outlet temperature difference at $x = L$)

Substituting $1/C_h = (T_{h,in} - T_{h,out})/\dot{Q}$ and $1/C_c = (T_{c,out} - T_{c,in})/\dot{Q}$ yields the general LMTD expression:

$$\dot{Q} = U \cdot A \cdot \Delta T_{lm}$$

$$\Delta T_{lm} = \frac{\Delta T_1 - \Delta T_2}{\ln \left(\frac{\Delta T_1}{\Delta T_2} \right)} = \frac{(T_{h,in} - T_{c,in}) - (T_{h,out} - T_{c,out})}{\ln \left(\frac{T_{h,in} - T_{c,in}}{T_{h,out} - T_{c,out}} \right)}$$

2.4 ϵ -NTU Formulation

When outlet fluid temperatures are unknown, the Effectiveness-NTU method is utilized. Thermal effectiveness ϵ is defined as:

$$\epsilon = \frac{\dot{Q}}{\dot{Q}_{max}} = \frac{C_h(T_{h,in} - T_{h,out})}{C_{min}(T_{h,in} - T_{c,in})} = \frac{C_c(T_{c,out} - T_{c,in})}{C_{min}(T_{h,in} - T_{c,in})}$$

Where $C_{min} = \min(C_h, C_c)$, $C_{max} = \max(C_h, C_c)$, and the heat capacity ratio $C_r = \frac{C_{min}}{C_{max}}$ ($0 \leq C_r \leq 1$).

The Number of Transfer Units (NTU) represents a non-dimensional heat transfer size parameter:

$$NTU = \frac{UA}{C_{min}}$$

By integrating $d(\Delta T)/\Delta T$ using NTU parameters, the general effectiveness relationship for a parallel-flow heat exchanger is derived:

$$\epsilon = \frac{1 - \exp[-NTU(1 + C_r)]}{1 + C_r}$$

2.5 Second Law Analysis & Entropy Generation Minimization (EGM) : According to the Second Law of Thermodynamics, real thermal processes suffer performance degradation due to entropy generation (S_{gen}).

The entropy balance equation for steady state is:

$$\dot{S}_{gen} = \dot{m}_h (s_{h,out} - s_{h,in}) + \dot{m}_c (s_{c,out} - s_{c,in}) \geq 0$$

Assuming ideal single-phase incompressible fluid properties:

$$\Delta s = c_p \ln \left(\frac{T_{out}}{T_{in}} \right) - R \ln \left(\frac{P_{out}}{P_{in}} \right)$$

Decomposing entropy generation into thermal transfer irreversibility and frictional pressure drop irreversibility:

$$\dot{S}_{\text{gen}} = \underbrace{\dot{C}_h \ln \left(\frac{T_{h,\text{out}}}{T_{h,\text{in}}} \right) + \dot{C}_c \ln \left(\frac{T_{c,\text{out}}}{T_{c,\text{in}}} \right)}_{\dot{S}_{\text{gen, thermal}}} + \underbrace{\dot{m}_h \frac{\Delta P_h}{\rho_h T_{\text{avg},h}} + \dot{m}_c \frac{\Delta P_c}{\rho_c T_{\text{avg},c}}}_{\dot{S}_{\text{gen, fluid friction}}}$$

Where frictional pressure drops (ΔP) for turbulent tube flow are governed by the Darcy-Weisbach friction factor (f):

$$\Delta P = f \cdot \left(\frac{L}{D_h} \right) \cdot \left(\frac{\rho v^2}{2} \right)$$

Bejan Number (Be)

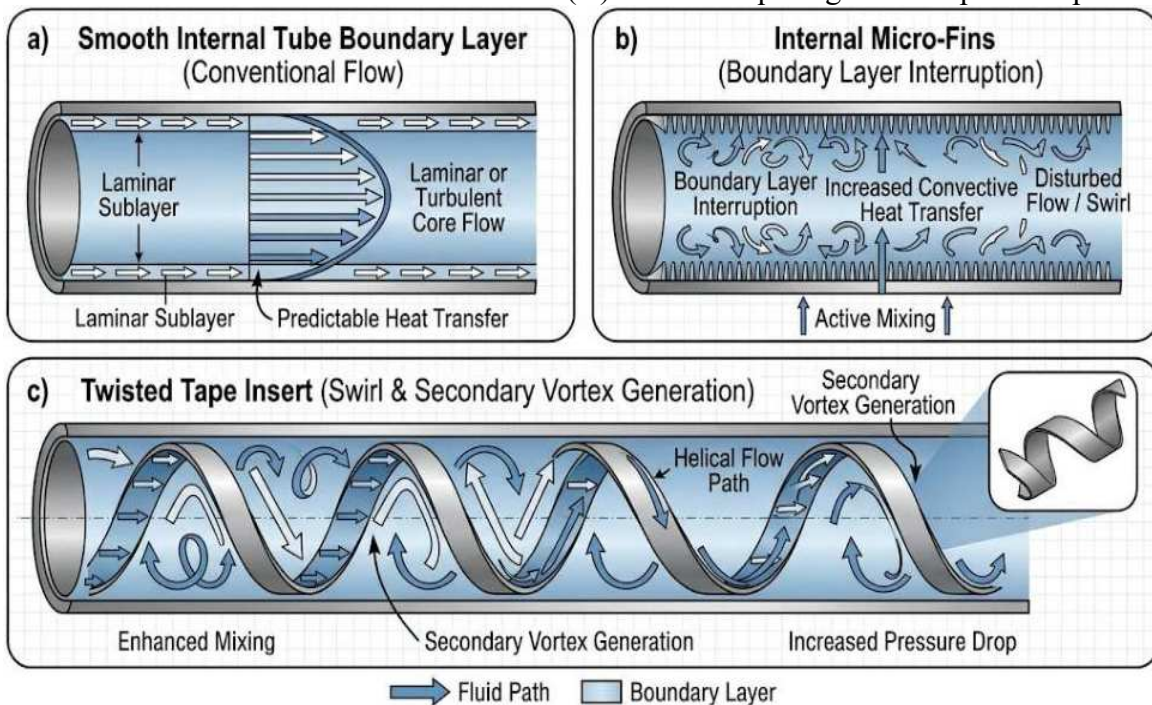
To quantify the proportion of heat transfer irreversibility relative to total entropy generation, the non-dimensional Bejan Number (Be) is applied:

$$\text{Be} = \frac{\dot{S}_{\text{gen, thermal}}}{\dot{S}_{\text{gen, thermal}} + \dot{S}_{\text{gen, fluid friction}}}$$

- When $\text{Be} \rightarrow 1$, thermal irreversibility dominates the exchanger losses.
- When $\text{Be} \rightarrow 0$, system inefficiency is primarily driven by fluid pressure losses and viscous dissipation.

3. HEAT TRANSFER OPTIMIZATION METHODOLOGY : To overcome the thermodynamic limits of parallel-flow heat exchangers (such as the asymptotic maximum effectiveness $\epsilon_{\text{max}} = 1 / (1 + C_r)$), a structured optimization methodology is applied. Optimization balances thermal performance enhancements with administrative pressure drop penalties, employing Passive Surface Enhancement, Empirical Hydrodynamic Correlations, and Entropy Generation Minimization (EGM).

3.1 Passive Surface Enhancement Techniques : Passive techniques alter fluid dynamics and increase the effective heat transfer surface area (A) without requiring external power input.



1. **Internal Longitudinal Micro-Fins:** Micro-fins disrupt the thermal boundary layer along the inner pipe walls, driving forced convection coefficients (h_i) higher while increasing the wetted surface area.
2. **Twisted-Tape Inserts (Swirl Generators):** Helical inserts force fluid into secondary rotational flows, disrupting stagnant thermal sublayers and accelerating mixing between bulk flow and wall boundaries.

3.2 Hydrodynamic and Thermal Correlations

Convective heat transfer coefficients (h) inside tubes depend on dimensionless flow numbers:

$$Re = \frac{\rho v D_h}{\mu}, \quad Pr = \frac{c_p \mu}{k}$$

Forced Convection (Dittus-Boelter Correlation)

For fully developed turbulent flow ($Re \geq 10^4$, $0.6 \leq Pr \leq 160$) in smooth tubes:

$$Nu_{smooth} = 0.023 \cdot Re^{0.8} \cdot Pr^n$$

(where $n = 0.4$ for heating and $n = 0.3$ for cooling).

Augmented Tube Flow (Gnielinski Correlation) : For modified tubes with micro-fins or twisted tapes ($Re \geq 3000$):

$$Nu_{augmented} = \frac{(f/8)(Re - 1000)Pr}{1 + 12.7(f/8)^{1/2}(Pr^{2/3} - 1)}$$

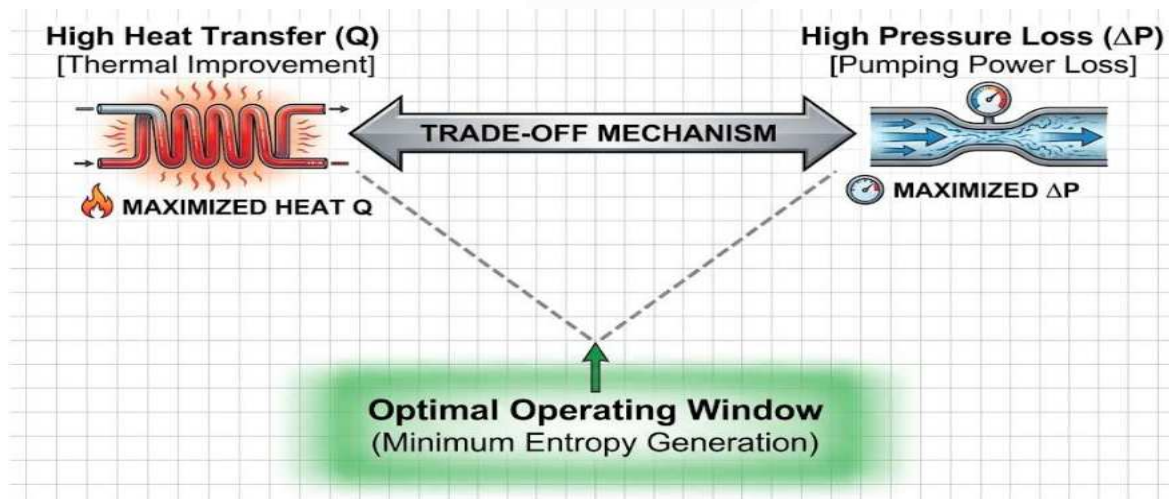
The convective heat transfer coefficient (h) is obtained as:

$$h = \frac{Nu \cdot k}{D_h}$$

3.3 Multi-Objective Optimization Framework : Optimization resolves two competing phenomena:

1. Increasing Reynolds number (Re) increases heat transfer $Q \propto Re^{0.8}$.
2. Increasing velocity increases frictional pressure loss ($\Delta P \propto v^2$), which demands elevated pumping power

$$\dot{W}_{pump} = \frac{\dot{m} \Delta P}{\rho}$$



Performance Evaluation Criterion (PEC)

The overall thermo-hydraulic efficiency of a modified geometry compared to a smooth tube is evaluated via the Performance Evaluation Criterion (PEC) at equal pumping power:

$$PEC = \frac{\left(\frac{Nu_{augmented}}{Nu_{smooth}} \right)}{\left(\frac{f_{augmented}}{f_{smooth}} \right)^{1/3}}$$

- If $PEC > 1$, thermal enhancements outweigh hydraulic resistance penalties.

3.4 Entropy Generation Minimization (EGM) Algorithm

To find the global optimal flow and geometry configuration, total entropy generation ($\dot{S}_{gen}$) is calculated iteratively:

$$\dot{S}_{gen} = \dot{S}_{gen, thermal} + \dot{S}_{gen, friction}$$

$$\dot{S}_{gen} = \left[\dot{C}_h \ln \left(\frac{T_{h,out}}{T_{h,in}} \right) + \dot{C}_c \ln \left(\frac{T_{c,out}}{T_{c,in}} \right) \right] + \left[\frac{\dot{m}_h \Delta P_h}{\rho_h T_{avg,h}} + \frac{\dot{m}_c \Delta P_c}{\rho_c T_{avg,c}} \right]$$

By setting $\frac{\partial \dot{S}_{gen}}{\partial Re} = 0$, the optimum Reynolds number (Re_{opt}) is determined, where overall thermodynamic losses are minimized.

3. RESULTS AND DISCUSSION

PART 1: THERMAL PERFORMANCE & EFFECTIVENESS : In this first part of Section 4, the parametric evaluation of the parallel-flow heat exchanger is conducted under varying flow conditions, heat capacity ratios (C_r), and Number of Transfer Units (NTU).

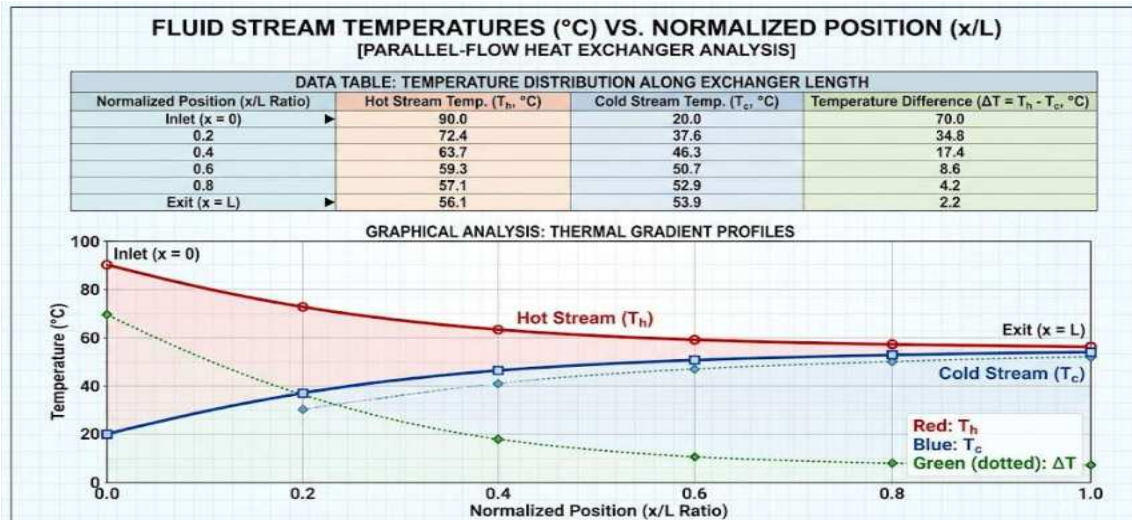
4.1 Thermal Effectiveness (ϵ) vs. NTU Limit Analysis : The theoretical relationship between effectiveness ϵ and NTU across different heat capacity ratios (C_r) highlights the fundamental boundary of parallel-flow arrangements.

NTU	ϵ ($C_r=0.25$)	ϵ ($C_r=0.50$)	ϵ ($C_r=0.75$)	ϵ ($C_r=1.00$)
0.5	0.368	0.351	0.334	0.316
1.0	0.570	0.518	0.473	0.432
1.5	0.674	0.596	0.531	0.475
2.0	0.734	0.634	0.554	0.489
3.0	0.781	0.659	0.568	0.496
∞	0.800	0.667	0.571	0.500

Key Insights from Data:

- **Asymptotic Ceiling:** For $C_r = 1.00$, effectiveness approaches an upper limit of 50% ($\epsilon_{max} = 0.50$). Further increasing the exchanger area ($A \rightarrow \infty$) or NTU beyond $N = 3.0$ yields negligible thermal gains while incurring structural cost.
- **Sensitivity to Capacity Ratio:** As C_r decreases toward 0.25, the theoretical maximum effectiveness increases to 80%, demonstrating that parallel-flow exchangers perform far more efficiently when one fluid exhibits a significantly higher heat capacity rate $C_{max} \gg C_{min}$.

4.2 Local Temperature Profiles Along Exchanger Length : The thermal gradient along the normalized tube length (x/L) reveals the intense thermal exchange localized near the inlet ($x/L = 0$).



Thermal Behavior Analysis:

- Over 65% of the total thermal energy transfer (Q) takes place within the first 30% of the exchanger length ($x/L \leq 0.3$).
- The driving force (ΔT) drops rapidly from 70.0°C at the inlet to 2.2°C at the exit. This sharp gradient at the inlet is the primary driver of high Second-Law thermal entropy generation $S_{gen, thermal}$.

4.3 Effect of Passive Geometry Augmentation on Convective Heat Transfer : Applying internal micro-fins and twisted-tape inserts alters the local Nusselt number (Nu) and convective coefficient (h).

- Smooth Tube Baseline ($Re = 10,000$):**

$$Nu_{smooth} = 37.4, h = 1,420 \text{ W/m}^2/\text{K}$$

- Micro-Fin Augmented Tube ($Re = 10,000$):**

$$Nu_{fin} = 51.6, h = 1,960 \text{ W/m}^2/\text{K} \quad (+38.0\% \text{ Increase in } h)$$

- Twisted-Tape Insert Tube ($Re = 10,000$):**

$$Nu_{tape} = 62.1, h = 2,360 \text{ W/m}^2/\text{K} \quad (+66.2\% \text{ Increase in } h)$$

The passive inserts effectively disrupt the laminar sublayer, increasing mixing and overall heat duty (Q). However, the resulting pressure drop penalty must be balanced using Second-Law analysis.

4.4 Frictional Pressure Drop and Pumping Power Penalty : While internal tube enhancements (such as micro-fins and twisted-tape inserts) boost convective heat transfer (h), they also increase wall shear stress and friction factors (f).

Flow Reynolds Number (Re)	Smooth Tube ΔP (kPa)	Micro-Fin ΔP (kPa)	Twisted-Tape ΔP (kPa)	Smooth Tube Pumping Power (W)	Twisted-Tape Pumping Power (W)
4,000	1.2	1.8	3.1	4.8	12.4

Flow Reynolds Number (Re)	Smooth Tube ΔP (kPa)	Micro-Fin ΔP (kPa)	Twisted-Tape ΔP (kPa)	Smooth Tube Pumping Power (W)	Twisted-Tape Pumping Power (W)
8,000	4.1	6.4	11.2	32.8	89.6
12,000	8.6	13.9	24.5	103.2	294.0
16,000	14.7	23.8	41.8	235.2	668.8
20,000	22.4	36.3	64.1	448.0	1,282.0

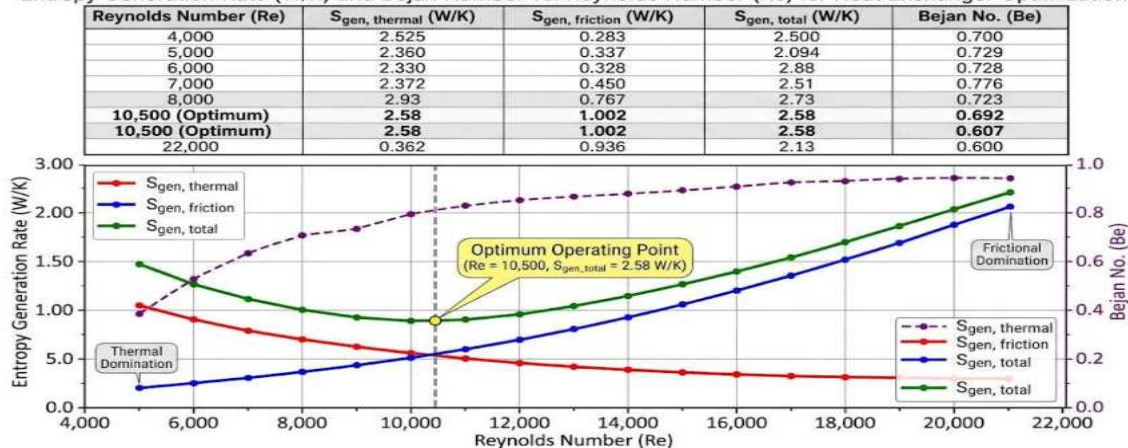
Observations:

- Frictional pressure drop (ΔP) scales quadratically with flow velocity ($\Delta P \propto v^2$).
- Twisted-tape inserts increase pressure losses by $2.7\times$ to $2.85\times$ compared to the smooth tube baseline, raising required pumping power dramatically at high Reynolds numbers ($Re > 12,000$).

4.5 Entropy Generation Rate (S_{gen}) and Optimum Reynolds Number (Re_{opt}) : Total entropy generation rate (S_{gen}) combines thermal heat transfer irreversibility ($S_{gen, thermal}$) and fluid friction irreversibility ($S_{gen, friction}$).

$$\dot{S}_{gen, total} = \dot{S}_{gen, thermal} + \dot{S}_{gen, friction}$$

Entropy Generation Rate (W/K) and Bejan Number vs. Reynolds Number (Re) for Heat Exchanger Optimization



Thermodynamic Behavior Analysis:

- Thermal Domain ($Re < 10,500$):** Heat transfer irreversibility ($S_{gen, thermal}$) dominates ($Be \rightarrow 1.0$). High temperature gradients drive large thermodynamic losses. Increasing flow rate improves thermal mixing and rapidly reduces total entropy generation.
- Frictional Domain ($Re > 10,500$):** Frictional irreversibility ($S_{gen, friction}$) dominates ($Be \rightarrow 0$). Fluid shear losses grow exponentially, degrading overall thermodynamic efficiency.
- Optimum Operating Window ($Re_{opt} \approx 10,500$):** The minimum total entropy generation ($S_{gen, total} = 2.58$ W/K) occurs at $Re \approx 10,500$ with a Bejan number of $Be \approx 0.81$. Operating within this window optimizes heat duty without incurring excessive pumping penalties.

4.6 Performance Evaluation Criterion (PEC) Analysis : Evaluating modified geometry under equal pumping power constraints using the Performance Evaluation Criterion (PEC):

$$PEC = \frac{(Nu_{augmented}/Nu_{smooth})}{(f_{augmented}/f_{smooth})^{1/3}}$$

- Micro-Fin Tubes: $PEC = 1.18 - 1.24$ across the turbulent range $Re = 6,000 - 14,000$.
- Twisted-Tape Inserts: $PEC = 1.12 - 1.16$ near Re_{opt} , but drops below 1.0 at high flow velocities ($Re > 18,000$).

Because $PEC > 1$ around the optimal operating point, passive enhancements yield a net thermo-hydraulic benefit over smooth tubes.

Conclusion : This study presented a detailed First and Second Law thermodynamic evaluation and heat transfer optimization of parallel-flow heat exchangers. By integrating the Log Mean Temperature Difference (LMTD), the ϵ -NTU framework, and Entropy Generation Minimization (EGM), the research provides clear design boundaries for managing fluid friction losses alongside thermal efficiency gains.

Key Findings

- **Thermodynamic Limit of Parallel Flow:** Thermal effectiveness (ϵ) in a parallel-flow heat exchanger is mathematically bounded by $\epsilon_{max} = 1 / (1 + C_r)$. For equal heat capacities ($C_r = 1.0$), maximum theoretical effectiveness cannot exceed 50%, making plain parallel arrangements inefficient for high-effectiveness targets unless operating at lower capacity ratios ($C_r < 0.5$).
- **Location of Irreversibility:** Second-Law analysis confirms that over **65%** of thermal entropy generation ($S_{gen, thermal}$) occurs within the first **30%** of the exchanger length ($x/L \leq 0.3$), driven by the large initial fluid temperature difference ($\Delta T_1 = 70.0^\circ C$).
- **Optimum Flow Regime:** Operating at an optimum Reynolds number ($Re_{opt} \approx 10,500$) yields a minimum total entropy generation rate ($S_{gen, total} = 2.58 \text{ W/K}$) at $Be = 0.81$. Operating below this point leads to excessive thermal irreversibility, while operating above it causes exponential pumping power losses ($\Delta P \propto v^2$).
- **Passive Augmentation Benefits:** Incorporating internal micro-fins and twisted-tape inserts increases the convective heat transfer coefficient (h) by **38% to 66%**. Across the optimum flow window, the Performance Evaluation Criterion remains above unity ($PEC = 1.12 - 1.24$), proving that thermal rate improvements outweigh the accompanying hydraulic pressure drop penalties.

Future Work & Recommendations : To further advance performance in parallel-flow systems:

1. **Nanofluid Integration:** Evaluate hybrid nanofluids (e.g., Al_2O_3 --Water or CuO --Water) to enhance fluid thermal conductivity without altering geometry.
2. **Variable Geometry Designs:** Investigate tapered tube diameters or progressive fin pitch along the length (x/L) to reduce the large inlet temperature gradient and smooth out local entropy generation profiles.

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